

HOW TO GET MORE OF WHAT YOU WANT IN YOUR BUSINESS

AN INTRODUCTION

This worksheet accompanies the Mini-Mastermind recording with Ellen Watts of Ellen UnLimited, where we discussed how the power of your thinking really can make a difference in getting the results that you want in your business. The technique that we discussed in this recording is 'cosmic ordering'...some people call it the Law Of Attraction.



First things first...

In this Mini-Mastermind recording Ellen makes the point that in order to get what you want in business, you have to be absolutely clear what it is that you want! Defining it is called 'the order'

So – What is it that you want? Write a sentence that explains specifically what it is that you want

Now let's check that you *really* are clear. Re-read that sentence and check that what you have written is perfectly clear to you, and that it would be perfectly clear to someone who didn't know you. Is your order clear?

Can you re-write it to make it clearer?

So – What is it that you *really* want?

One thing that is really important is – what you want must be stated in the positive*

Examples of negative language that you would need to switch to positive could be:

- you want 'less' of something
- you 'don't want' something
- or that you want to 'stop' something happening

If you have written your sentence using this sort of negative language, then try switching the words around to make them positive. THIS IS IMPORTANT!

How about having one final go at writing your 'order' for the future, the thing that you want to happen....

So – What is it that you *really, really* want to happen?

Ellen outlined 3 Tips for getting more of what you want

1. Get clarity

This means really working out what it is that you want in your business and life, focusing on wording it positively and making sure it is truly what you want.

2. Try vision boarding

Ellen described how you can collect words and images that give you the chance of 'trying out for size' this future position you want to be in. But remember, just sticking the picture of the Ferrari on the vision board won't make it appear. You have to take action to get it!

3. Check that your vision takes account of everything that you need (ie don't miss bits out!)

When you clarify what it is that you want, and create your vision, make sure that you have considered all parts of the vision. Eg, asking for more customers could end up with you getting loads of customers that aren't right for you. Clarify what sort of customers you want.

For more guidance on using mindset to get more of what you want...

You can visit Ellen's website www.ellen-unlimited.com

Or her You Tube channel...just search for Ellen Watts

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